



## Christophori International<sup>®</sup> Curricula

Coherent spiritual-scientific relationships between categories of study, learning, practise, applied mediums and work with biography are mediated by developing the use of interdisciplinary language.

Guidance in relation to anthroposophical literature and study is facilitated according to individual need and the dynamic constitution of the training group.

Particular attention is given to the development and demonstration of skills enabling self-assessment in one's own work and interaction with peers.

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| <b>Biographical Archetypes and Phenomenology</b>    | documentation ( <i>3-fold, chart design, discipline</i> ); developmental principles ( <i>life phases, ego, 'I', Self, thresholds, Guardians, maturation</i> ); planetary cycles and metamorphoses ( <i>nodes, rhythm, intervals</i> ); reflection, synchronicity and resonance ( <i>axes, constellation</i> ); planetary occultism ( <i>evolution, spheres, influences</i> ); karma and compulsion, destiny and freedom ( <i>prenatal, birth, life, grace, death, afterlife, reincarnation</i> ); crisis and opportunity ( <i>education, vocation, health, illness, trials, initiation, dying</i> ); relationship ( <i>bloodline and spiritual family, partners, children</i> ); love and healing ( <i>esoteric Christianity, sacramental deed, archetypal individualities at Golgotha</i> ). |
| <b>Human Constitution</b>                           | earth, planetary and cosmic evolution ( <i>aeons, kingdoms, elements, ethers, sheathes</i> ); 3 / 4 / 5 / 7 / 9 / 12-fold development ( <i>body, soul, spirit, ego, 'I', chakras</i> ); planetary organs, life-processes, senses and soul-disposition ( <i>temperaments, introversion and extroversion, character, moods, sin and virtue</i> ).                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Development and Schooling of Soul and Spirit</b> | consciousness ( <i>day, waking, dreaming, sleeping, night</i> ); soul capacities ( <i>thinking, feeling, willing</i> ); spiritual faculties ( <i>imagination, inspiration, intuition</i> ); exercise and discipline ( <i>prayer, contemplation, meditation</i> ); observation ( <i>substance, quality, being</i> ); 'I'-activity ( <i>organ, sense, chakra, phantasy, trial, angel, deed, observation and evaluation of self, Higher Self, community, master, Humanity</i> ).                                                                                                                                                                                                                                                                                                                 |
| <b>Hierarchical and Elemental Realms</b>            | heaven and earth ( <i>angelic spheres, Hierarchies, elemental realms</i> ); cosmic laws and natural laws ( <i>manifestation, intervention, deed, redemption</i> ); resurrection ( <i>life, sacrifice, sacrament, death, transubstantiation, revelation, mysteries</i> ).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Adversary Powers and Counter Forces</b>          | Lucifer and Ahriman ( <i>cosmic evolution, formation, activity, influence, mechanisms, relationship</i> ); human double and shadow ( <i>elementals, angels, devils, demons, beasts</i> ); spiritual science ( <i>salutogenesis, Guardians</i> ); morality ( <i>cosmic, personal, subterranean</i> ); Michael ( <i>courage, responsibility, leadership</i> ); Christ ( <i>passion, love, transformation, healing, cosmic 'I'</i> ).                                                                                                                                                                                                                                                                                                                                                            |
| <b>Applied Art and Creative Mediums</b>             | instruments ( <i>line, form, colour, word, movement, shape, structure, combination, materials, composition, phantasy, metaphor, speech, storytelling</i> ) of transformation ( <i>drawing, sketching, painting, collage, modelling, cluster technique, construction, creative writing, tableau, fairytale, story, legend, mime, roleplay, guided imagination, games, eurythmy, speech formation</i> ).                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Process Design and Intervention</b>              | ritual ( <i>discipline, analysis, deliberation, structure, dedication, protection, risk, art, relationship, freedom, work, humour, learning, consequence, completion</i> ); intervention ( <i>relevance, clarity, precision, hygiene, transparency, goal, culture, technology, pathology, conflict, stream</i> ).                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Group Work and Dynamics</b>                      | facilitation ( <i>dialogue, conversation, judgement, conflict, constellation, resolution; empathy, rhythm, humour</i> ); process ( <i>trust, anchorage, task, combination, level, resistance, crisis, core</i> ); synchronicity ( <i>presence, association, motivation, risk, legitimacy, intervention, supervision</i> ).                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Counselling and Mediation</b>                    | relationship ( <i>expectation, need, interest, curiosity</i> ); frame ( <i>laboratory, hygiene, security</i> ); interaction ( <i>active listening, interview, rhythm, challenge, purpose, veneration, sacrifice, grace</i> ).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Supervision and Intervision</b>                  | communication ( <i>diary, register, protocol, project, report, practise, presentation</i> ); professional skills ( <i>strategy, integrity, ethics, rights, economics, community, ecology</i> ).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |